Yale-Brown Obsessive Compulsive Scale (Y-BOCS)

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INNOVATIVE	PSYCHIATRY

Item

NAME:	 		
DATE:			

Note: Scores should reflect the composite effect of all the patient's obsessive compulsive symptoms. Rate the average occurrence of each item during the prior week up to and including the time of interview.

Range of Severity

Obsession Rating Scale (circle appropriate score)

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1.	Time Spent on Obsessions	O hr/day	0-1 hr/day	1-3 hr/day	3-8 hr/day	> 8 hr/day
	Score:	0	1	2	3	4
				Definite but	Substantial	
2.	Interference From Obsessions	None	Mild	manageable	impairment	Incapacitating
	Score:	0	1	Ž	3	4
				Moderate but		Near constant,
3.	Distress From Obsessions	None	Little	manageable	Severe	disabling
3555	Score	Λ	1	2	2	1

4.	Resistance to Obsessions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
	Score:	0	1	2	3	4
5.	Control Over Obsessions	Complete control	Much control	Some control	Little control	No control
	Score:	0	1	2	3	4

Obsession subtotal (add items 1-5)

Compulsion Rating Scale (circle appropriate score)

Item Range of Severity

6.	Time Spent on Compulsions Score:	0 hr/day 0	0–1 hr/day 1	1–3 hr/day 2	3–8 hr/day 3	> 8 hr/day 4
7.	Interference From Compulsions Score:	None 0	Mild 1	Definite but manageable 2	Substantial impairment 3	Incapacitating 4
8.	Distress From Compulsions Score:	None 0	Mild 1	Moderate but manageable 2	Severe 3	Near constant, disabling 4
9.	Resistance to Compulsions Score:	Always resists 0	Much resistance 1	Some resistance 2	Often yields 3	Completely yields 4
10.	Control Over Compulsions Score:	Complete control 0	Much control 1	Some control 2	Little control 3	No control 4

Compulsion subtotal (add items 6-10)

				Y-BOCS total (add items 1–10)	J
Total Y-BOCS score range of	f severity for pa	tients who have both o	bsessions and com	ipulsions:	
0-7 Subclinical	8-15 Mild	16-23 Moderate	24-31 Severe	32–40 Extreme	
COMMENTS:		***			_